

QUIET WATERS CONNECTION

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Spring Issue *"Fear Not—I am with you!"*

- Annual Meeting Invitation
- One-On-One Home Retreats
- Celebrations & Reflections

Mission Statement: *Hope For The Family*

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Ingrid Youngdale celebrated her 80th Birthday Feb. 17 in Springfield, Mo., with all five of her children attending the celebration. See page 2 for highlights. From L to R. Back Row—David, Stephen and Daniel. Front Row—Lauren, Ruth, Katrine and Ingrid.

A Look at Joseph As Parent *By Lauren*

Just think what Mary, the mother of Jesus, endured as she witnessed her son die on a cross. And, Joseph was not there to comfort her.

We know so little about Joseph and we hear little of him after the birth. But, he was faithful to his call.

Imagine the dilemma of that simple man, finding himself cast in the role of father to the Son of God. Some might even consider him a step-father. His example should encourage all fathers who face parenting challenges.

How did Joseph do as a father? We know Jesus must have learned carpentry from Joseph. We know Jesus made it to manhood with a strong and simple vision of what father meant.

In our Family Life Retreats we see what a challenging task parenting is. It is an overwhelming responsibility to take a life from its first breath on through to maturity.

In FLM Retreats we are preparing fathers and mothers to live in love and peace with one another and, like Joseph, to be the example God has called them to be.

FLM Annual Meeting
June 9—6 p.m.
Immanuel Lutheran Church
Springfield, MO

Ingrid Celebrates 80th Birthday

"There is still an afterglow of joy," Ingrid said as she reflected on the celebration of her 80th birthday. "Joy is the simplest form of gratitude," a great theologian Karl Barth once said.

It was the first time in 10 years that all of Ingrid's children had been in Springfield, Mo., at the same time.

Ruth, the youngest, came the farthest. She came from Vienna, Austria, where she is a dedicated child psychiatrist. Daniel, the oldest son, came from Salzburg, Austria, where he serves as a psychotherapist. Katrine, the oldest daughter, and her husband David, came from Tijuana, Mexico, where David is U.S. Consul General. Their next assignment will be in Berlin, Germany.

Ingrid's son David came from Bangor, Maine, where he is professor of New Testament at Bangor Theological Seminary. David also serves as member-at-large on the FLM Board. Stephen, her youngest son, came from Bolivar, Mo. He teaches in the language department at Missouri State University in Springfield.

Jim and Ginny Kueck were special guests from the Chicago area. For many years they have been faithful FLM supporters including holding Quiet Waters Retreats in their home. Ginny lovingly prepared a photo scrapbook highlighting Ingrid's celebration. If you have the opportunity, ask Ingrid to show you this wonderful book of memories.

"The celebration was like a little bit of heaven," one guest remarked.

FLM History Note: *Walter and Ingrid Trobisch were the founders of Family Life Mission which is now active in North America, Europe and 16 African countries. Walter died Oct. 13, 1979, in their Austrian home. Ingrid returned to her native home, Springfield, Mo., in 1982.*

A New Approach

Our FLM Board President Randy Buchanan and his wife Janice have been working with a new approach to retreats. They have been holding retreats in their home for only one couple at a time.

So far seven couples have been blessed with the same materials covered at group retreats. On the next page Randy shares more on the home retreat concept.

We are excited about this new approach to retreats. Pastor Johann Hinderlie, director of Mt. Carmel Family Ministries, near Alexandria, Minn., has given his blessing to this teaching method. Further, he is enthusiastic about the possibilities of training several leaders.

We are looking for God's guidance for the future. Thank you for your interest, support and

Love's Revolution

Forgiving is love's revolution against love's unfairness. When we forgive, we ignore the normal laws that strap us to the natural law of getting even and by the alchemy of love, we release ourselves from our own painful pasts.

We fly over a dues-paying morality in order to create a new future out of the past's unfairness. We free ourselves from the wrong that is locked into our private histories; we unshackle our spirits from malice; and maybe if we are lucky, we also restore a relationship that would otherwise be lost forever.

- - - Lewis B. Smedes, Christian author and professor

FLM Board President Shares Thoughts on Home Retreats

By Randy Buchanan

What a wonderful privilege it is to greet our faithful supporters in the name of Christ our Lord! This past year has been one of growth and change in Family Life Mission. We look forward to the future with excitement and hope that the message of Biblical marriage will be extended to many.

In a prior newsletter, I wrote about an alternative way to deliver this message. It is using a one-couple to one-couple teaching/dialoging technique.

My wife Jan and I have been using this method for almost a year now and we have ministered to 14 people. The results and feedback are very encouraging.

Some have indicated they also want to utilize this method of sharing. This affirms our belief that enlisting and teaching others to do the same style of retreats will result in multiplication. In other words, what we are doing is reproducible by any couple the Lord calls.

I would offer again the directive of Apostle Paul in 2 Timothy 2:2: ***“The things which you have heard from me in the presence of many witnesses, entrust these to faithful men who will be able to teach others also.”***

This kind of home retreat requires a lot of work and preparation by the host couple. Plans must be made for meals, sleeping, etc. But, most of all it requires much spiritual preparation.

In contrast, the monetary cost is very low. We suggest that attendees only cover the expenses of food and laundry. We have been able to hold weekend retreats in our home, from 7 p.m. Friday to 10:30 a.m. Sunday, for one couple at a time for a very reasonable cost.

It is our desire at FLM that the Lord call married couples who are able to model and teach that marriage is ordained of God and, in its true nature as expressed in Ephesians 5, is a witness of Christ and the Church.



Jan and Randy Buchanan will share information about the one-couple to one-couple retreats at the June 9 FLM Annual Meeting.

The greatest number in the Kingdom of God is the number one. How often Jesus dealt with one on one.

- - - Walter Trobisch

Isaiah 43: 1—7

“... Do not fear, for I have redeemed you; I have called you by name; You are mine! When you pass through the waters, I will be with you; And through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, Nor will the flame burn you.”

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“Fear Not, I Am With You”

Is the Theme for the June 9 Annual Meeting

This is your invitation to be part of an inspiring evening. The FLM Annual Meeting will be June 9 starting at 6 p.m. at Immanuel Lutheran Church, Springfield, Mo.

“Fear Not - I am with you” will be the theme of the meeting. God certainly understands we need constant reassurance! He is there for us today, tomorrow and always..

This promise is for us as individuals and for us collectively as we share the FLM message - Hope For the Family.

FLM Annual Meeting Schedule:

6 p.m. - Potluck Dinner.

Meat will be provided, please bring a

There is a Season For All Things

Melody Saul has resigned her part-time position as FLM ministry coordinator to work full time in another profession. It was a difficult decision for Melody, but she had specific needs for health insurance and other benefits.

We are grateful for her devoted service which did so much to set our program forward in office administration and retreats. We will miss her optimistic outlook and generous love for her work.

There are specific seasons in each of our lives for different calls. Melody, we thank you for your season as ministry coordinator and we are grateful that you and Mike plan to continue to be part of the FLM family.